



B.K. Dr.Savita,
National Coordinator, Women Wing – Brahma Kumaris
Director, Mansarovar Campus Programs
Senior Rajyoga Teacher, HQ Mount Abu

Dr. Savita completed her Medical studies from Rajasthan University India. Initially, she practiced in Udaipur, Kota, Dungarpur & Mt.Abu. In 1990 she gave her services as a Doctor in Headquarters (Pandav Bhawan) dispensary. In 1991, she joined Global Hospital & Research Centre, Mount Abu as medical officer and gave her honorary services till 2000. From 2000 till now she has been giving her honorary services in Brahma Kumaris World Spiritual University Headquarters, Mount Abu. She served late Reverend Dadi Prakashmani ji, Former Chief Administrative Head of Brahma Kumaris as family physician till 2007.

She has been deeply interested in spirituality since childhood and came in contact with Brahma Kumaris during 1974. She adopted the complete spiritual way of life in service of mankind & dedicated since 1989. She has great interest in bringing awareness to people about their health and spirituality . She is National Coordinator of Women Wing of R.E.R.F, a sister organization of Brahma Kumaris, Senior Rajyoga Teacher, Abu & Director of Mansarovar Campus Programs.

She has travelled all over India & in abroad to U.K, USA, Canada, Russia, Japan, Canada, China, Hongcong, UAE, Venezuela, Malaysia, Caribbean, France, Germany, Poland, Switzerland, Thailand, Vietnam, Myanmar, Sri Lanka, Mauritius countries to educate people about spirituality, healthy lifestyle & easy Rajyoga Meditation. She coordinated national level programmes of Women Wing of Brahma Kumaris. In the year 2001, which was declared as Year of Women's Empowerment by Indian Govt., she participated in "All India Women Spiritual Empowerment Campaign", organized by Brahma Kumaris for upliftment of women. In 2014 she coordinated national level campaign "NARI SURIKSHA organized

to bring awareness for different kind of violence against women, to make their lives more secure and filled with self-respect. In 2016-17 she lead the national campaign “Beti Bachao – Sashakt Banao” (Save Girl Child-Empower Girl Child) was aimed at saving, nurturing, educating, empowering girl child and promoting gender equality among the masses.

She served in health fairs (Jammu, Guwahati, Pathankot) and campaigns organized by Medical Wing. In 2009 she participated as a keynote speaker in “My India, Healthy India Campaign” from Dehradun to Mount Abu, organized by Medical Wing.

She is a senior faculty member of Brahma Kumaris Academy for a Better World. Along with Rajyoga Meditation, she delivers lectures on Stress Management, Healthy & Happy Living, Meditation as Medicine, Anger Management, The Art & Science of Positive Thinking, Harmony in relationships, self-empowerment, women empowerment & Values for Happy Family Life.

She has delivered lectures and conducted workshops in various organizations as Birla cement, Shree cement, ONGC, IFFCO, L&T, Medical & Engineering Colleges, Nursing Colleges and Hospitals. She has also delivered lectures in Rotary & Lions clubs, Armed forces as Army, Airforce, Navy, various Colleges, jails etc.

She has also participated in many National and International Conferences organized by Brahma Kumaris World Spiritual University.

You are a speaker on the Brahma Kumaris television channels **Peace of Mind** and **Awakening Channel**. Your programs are broadcast on these channels from time to time. You have been a speaker in more than 50 episodes of Peace of Mind TV's "**The New Women**" and "**Yog Rahasya**" talk shows.

She compiled the book ‘Mahila Bane Mahan’ for the service and empowerment of women. She is the Editor of the quarterly magazine ‘Nari Shakti’.

*In 2023 she has been felicitated with “**Woman of Excellence Award**” by **Global Alliance for Women Empowerment** organization, **USA**.*

*In 2025 she has been felicitated with “**Global Women of Courage and Empowerment Award**” by **All India Council of Human Rights, Liberties & Social Justice, Delhi***