



B.K. Dr.Savita,

National Coordinator, Women Wing – Brahma Kumaris

Senior Rajyoga Teacher, Abu

Coordinatior, Mansarovar Campus Programs

Dr. Savita completed her Medical studies from Rajasthan University India. Initially, she practiced in Udaipur, Kota, Dungarpur & Mt.Abu. In 1991, she joined Global Hospital & Research Centre, Mount Abu as medical officer and gave her honorary services till 2000. From 2000 till now she has been giving her honorary services in Brahma KumarisWorld Spiritual University Headquarters,Mount Abu. She served late Reverend Dadi Prakashmani ji, Former Chief Administrative Head of Brahma Kumaris as family physician till 2007.

She has been deeply interested in spirituality since childhood and came in contact with Brahma Kumaris during 1975. She adopted the complete spiritual way of life in service of mankind &dedicated since 1989. She has great interest in bringing awareness to people about their health and spirituality & She is National Coordinator of Women Wing of R.E.R.F, a sister organization of Brahma Kumaris.

She has travelled widely in various parts of India & in abroad to U.K, USA, Japan, China, Hongcong, UAE, Venezuela, Malaysia, Caribbean, France, Germany, Poland, Switzerland, Thailand, Vietnam, Myanmar, Russia countries to educate people about healthy lifestyle & RY Meditation. She coordinated national level programmes of Women Wing of Brahma Kumaris. In the year 2001, which was declared as Year of

Women's Empowerment by Indian Govt., she participated in "All India Women Spiritual Empowerment Campaign", organized by Brahma Kumaris for upliftment of women. In 2014 she coordinated national level campaign "NARI SURIKSHA organized to bring awareness for different kind of violence against women, to Guide methods practices to secure, uplift their lives. In 2015-18 she coordinated the national campaign "Beti Bachao – Sashakt Banao" (Save Girl Child-Empower Girl Child) was aimed at saving, nurturing, educating, empowering girl child and promoting gender equality among the masses.

She served in health fairs and campaigns organized by Medical Wing. In 2009 she participated in "My India, Healthy India Campaign" from Dehradun to Jaipur.

She is a faculty member of Brahma Kumaris Academy for a Better World and delivers lectures on Stress Management. Healthy & Happy Living, Meditation as Medicine, Anger Management, The Art & Science of Positive Thinking, Harmony in relationships. Rajyoga meditation, self-empowerment, women empowerment etc.

She has delivered lectures and conducted workshops in various organizations as Birla cement, Shree cement, ONGG, IFFCO, L&T etc, Medical & Engineering Colleges, Nursing Colleges, Hospitals, Rotary & Lions clubs, Armed forces as Army, Airforce, Navy, various Colleges, jails etc.

She has also participated in many National and International Conferences organized by Brahma Kumaris World Spiritual University.